

A Reflection for Day 7 – Holy Saturday

Luke 23: 50-56

Jesus' burial

⁵⁰ Now there was a man named Joseph, a member of the Council, a good and upright man, ⁵¹ who had not consented to their decision and action. He came from the Judean town of Arimathea, and he himself was waiting for the kingdom of God. ⁵² Going to Pilate, he asked for Jesus' body. ⁵³ Then he took it down, wrapped it in linen cloth and placed it in a tomb cut in the rock, one in which no one had yet been laid. ⁵⁴ It was Preparation Day, and the Sabbath was about to begin.

⁵⁵ The women who had come with Jesus from Galilee followed Joseph and saw the tomb and how his body was laid in it. ⁵⁶ Then they went home and prepared spices and perfumes. But they rested on the Sabbath in obedience to the commandment.

A brave friend of Jesus called Joseph of Arimathea asked Governor Pilate if he could bury Jesus' body. He laid him to rest in his own tomb, carved out into the rock like a cave. An enormous stone was rolled in front of the cave to stop anyone stealing the body.

Jesus' friends wept and felt all alone. They had lost their special friend and leader. Let's join Jesus' disciples and friends on this day of rest, pause at the tomb of Jesus and consider all that Jesus had gone through for our sake by dying on the cross.